### Newsletter: 1 Thursday 17 October 2024



Vísíon: Our school empowers all students to embrace learning, achieve their personal best while developing their emotional, social and physical wellbeing, and through this make positive contributions to the community.

#### Term 4

We are back into the swing of a busy term 4. We are looking forward to lots of great learning and extra curricula activities. Some highlights for the term are Grade 3/4 camp to Rumbug, Grade P-2 sleepover, whole school Walkerville excursion, whole school bike ride, Grade 6 Graduation, our swimming program and fun day as well as our annual Christmas celebration.

As you may know in our recent wild weather we unfortunately lost our lovely playground oak tree. In the winds, it spilt and had to be removed. The oak tree provided the majority of shade for our playground. Now, more than ever hats are really



important for recess and lunch play. Please



ensure your child has their school hat so they are able to be active and join in with recess and lunch play.

#### 2025 planning

WELSHPOOL AND DISTRICT PRIMARY SCHOOL NO:5396

We have commenced our planning for 2025 and are hoping to share our staffing and class structure in our next newsletter. Next year (and into 2026) Welshpool and District Primary School will take part in the Primary Mathematics and Science Specialist initiative. This program provides professional learning opportunities to improve teacher confidence and capability in teaching mathematics as well as providing mentoring, coaching and modelling across the school. We are very excited to be selected for this initiative and can't wait to share our learning with the students and our families.

Upcoming dates for the calendar

Monday 4th November Curriculum Day No students TheirCare operational

**Tuesday 5th November** Melbourne Cup Public Holiday

Wednesday 6th—Friday 8th November Grade 3/4 Rumbug Camp

> Thursday 7th November Grade P/1/2 Sleepover

Friday 8th November Early home Grade P/1/2

**Tuesday 12th November** School Council

Monday 9th—Friday 13th December School swimming program

Wednesday 18th December Christmas Celebration Port Welshpool

Thursday 19th and Friday 20th December Curriculum Days Staff first aid training and planning TheirCare operational

As always, if you require anything please do not hesitate to contact us, either via the office or directly to the classroom teacher.

> Gabrielle Boyd Principal Little School, Big Heart



Web:http://www.welshpoolps.vic.edu.auEmail:welshpool.ps@education.vic.gov.auAddress:5960 South Gippsland Highway, Welshpool Vic 3966Phone:03 56881460 Mobile: 0428 444 292Direct Deposit Details:BSB 633-000 Account No: 156869083 Bendigo Bank Toora

## WDPS Looking ahead 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	
T4 WEEK 2	14 Prep transition	15 Regional Aths School Council Meeting	16	17 Newsletter	18 OT	
T4 WEEK 3	21 Prep transition	22	23	24	25	
T4 WEEK 4	28 Prep transition	29	30 Prom Coast Junior Aths	31 Halloween dress up day Newsletter	<u>November</u> 1 OT	
T4 WEEK 5	4 CURRICULUM DAY	5 PUBLIC HOLIDAY	6	7 PREP & GRADE 1/2 SLEEP OVER	8 Early home Grade P/1/2	
Ś			GRADE 3 AND 4 CA	MP RUMBUG		
T4 WEEK 6	11 Prep transition	12 School Council Meeting	13	14 Newsletter	15 OT	
T4 WEEK 7	18 Prep transition	19	20	21	22 OT	
T4 WEEK 8	25 Prep transition	26	27	28 Newsletter	29 Immunisation talk for Grade 6	
T4 WEEK 9	<u>December</u> 2 Whole school bike ride	3	4	5	6 OT	
T4 WEEK 10	9	10 Grade 6 Graduation Statewide transition	11	12 Newsletter	13	
0	SWIMMING FUN DAY					

### **REMINDER TO PARENTS, ENTERING ABSCENCES ON COMPASS.**

If a student is **absent** from school, please ensure you make the appropriate entry on Compass with the relevant code applicable. Unexplained absences must be identified.

If a student is **late**, parents are required to sign them in on the lpad in the office and hand the printed slip to the classroom teacher or office admin, for role marking.

# Student Awards

Sorry parents/Guardians we've noticed this missed page from issue 3 in Term 3, my sincere apologies. Sandra.

Congratulations to the following students who received Student of the Week Awards:

#### <u>Week 5 Term 3</u>

**P/1— Kaylee** for being a great friend to our kinder kids

2/3 -Nhiam for always putting in 100% to his learning 4/5/6 -Clary for demonstrating excellence in

4/5/6— Clary for demonstrating excellence in class

#### Week 6 Term 3

**P/1— Aleea** for being a great leader **2/3 — Michael** for always trying his best in class **4/5/6— Slade** for his effort in maths lessons

#### Week 7 Term 3

P/1− Jae for fitting into class so well 2/3 − Cian exception work in all areas of school 4/5/6−

#### Week 8 Term 3

**P/1— Kyle** for working hard in writing trying to achieve his goal

**2/3** – **Hoorain** for working hard to achieve her writing goals

**4/5/6**— **Leila** for listening to feedback on her work

#### Week 9 Term 3

P/1— Mylah for working so hard in every area
2/3 — Skyla for working hard in every area
4/5/6— Dylan for remaining focused in learning time

#### Week 10 Term 3

P/1— Tyke for showing the value of respect
2/3 — Cian for an excellent Term 3
4/5/6— Nate for showing all school values

#### Week 1 Term 4

P/1— Jazaa for showing excellence in her writing
2/3 — Parishay for an excellent start to Term 4
4/5/6— Andrew for showing the value of respect

## Student Awards

Sorry parents/Guardians we've noticed this missed page from issue 3 in Term 3, my sincere apologies. Sandra

Week 5 Term 3 Congratulations to Mukarram and Skyla who have received REC Awards (School Values: Respect, Excellent & Community )

Week 7 Term 3 Congratulations to Cara, Emily, Cian, Nhian, Beau and Slade who have received REC Awards (School Values: Respect, Excellent & Community )

Week 9 Term 3 Congratulations to Joziah and Will who have received REC Awards (School Values: Respect, Excellent & Community )



## **P/1 Classroom**



Welcome back everyone,

I hope you all had a restful break over the school holidays. P/1 students have settled back into the classroom and their daily routines really well. Term 4 is always a very busy term, especially for P/1 as we have lots of activities like Junior Athletics and P/1/2 Sleepover.

Throughout all the fun activities P/1 also have lots of learning to do in the classroom. This term in reading students will continue their sounds-write work, we will also be learning more about inferencing, comprehension and visualizing. During writing we will be learning all about explanation texts and poetry. In Maths we will be covering place value, number, time and measurement. Lot and lots of learning to be done!

Mrs Wade





#### Welcome to Term 4!

2/3 have had an excellent start back to school. All students have settled very well back into our classroom routines.

In literacy this term students will be focusing on developing their text analysis skills and unpacking information within texts. Throughout writing, students will be exploring poetry. This week students having been working on creating acrostic poems and kennings. Students have found this a little bit tricky but have been enjoying writing poems about topics they are interested in. In maths this term students will be learning about measurement alongside our whole school maths focus on place value.

This term we have lots of exciting events coming up such as Grade 2's attending the athletics day on Wednesday 30<sup>th</sup> October and Grade 3 students attending Rumbug Camp on Wednesday 6<sup>th</sup> November to Friday 8<sup>th</sup> November.

If you have any concerns and wish to discuss anything, please don't hesitate to contact us in person or via email.

Mrs Round and Ms Allan



# <u>4/5/6 Classroom</u>

It's great to be back!

We've had a nice, peaceful start to the term, diving into a variety of new topics in reading, writing, and mathematics.

In reading, we've been exploring different viewpoints in texts, learning how to analyse and appreciate various perspectives. In writing, we're focusing on discussion writing, where we examine topics from multiple angles. So far, we've had some engaging discussions on various subjects.

In mathematics, we're participating in whole school maths activities, where we're enhancing our understanding of place value and its importance.

This term is packed with exciting events, including Camp Rumbug ,the swimming program, bike rides and Grade 6 graduation, to name a few!

Just a reminder for the 4/5/6 students: please continue reading at home each night and fill out your reading diaries for me to sign.

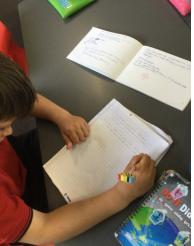
Mr Moore













## **Cooking/life skills program**

Term 4 continues with our cooking & life skills program for students.

Everyone enjoys the classes especially at the end when they get to eat there wares.

Learning to use utensils, knife, spatula, etc and sensibly work around heating appliances is amongst some of the tasks learnt.

Crushed garlic just like our nan used to use, no herb from a jar, well done kids, great effort.

Classed conducted by our visiting teacher Rob Cannon.







**Prom Coast Junior Athletics Carnival** 

When: Wednesday 30<sup>th</sup> October 11:15am-2:30pm

Where: Toora Primary School

Who: Prep, Grade 1 and Grade 2

Permission notes are on compass awaiting to be signed. Further information has also been sent home with students.







Dear Parent/Carer,

Your child will soon be engaging in this year's Australia's Biggest Child Safety Lesson (ABCSL) created by the Daniel Morcombe Foundation. This lesson aims to educate our students about true and enthusiastic consent, how to understand body clues, how to confidently assert boundaries while respecting the boundaries of others, and how to report to Safety Teams. We want to emphasise that the content of ABCSL has been carefully curated to be age-appropriate and presented in a sensitive and responsible manner. It is important to educate children about consent and ABCSL 2024 provides an effective platform for these discussions. The lesson aligns to the Australian Curriculum Version 9.0 which aims to ensure that students receive more explicit education on positive and respectful relationships and consent (Australian Curriculum, Assessment and Reporting Authority [ACARA], 2022).

We understand that discussing such sensitive topics can be challenging for both parents and educators. However, we encourage you to engage with your child about their experiences with ABCSL 2024. Recent Australian research indicates that more than 1 in 3 girls and almost 1 in 5 boys experience childhood sexual abuse. One of the key recommendations of the internationally recognised ACMS study was dedicated prevention efforts in schools focused on healthy development, attitudes to gender equality, emotional literacy, and consent and relationships education. Open communication is key, and discussing consent at home will further reinforce the lessons learned at school.

We will start teaching this program on Tuesday 12<sup>th</sup> November during our Social Emotion Learning (SELS) session. This will run for three weeks finishing on the 26<sup>th</sup> of November.

If you have any concerns or questions regarding ABCSL, please don't hesitate to reach out to us. We are here to support you and address any queries you may have. If you would prefer your child does not take part in this learning, please let us know.

If you wish to find our more information on how to keep kids safe, please visit: <u>www.danielmorcombe.com.au</u>

Thank you,

Georgia Round

georgia.round@education.vic.gov.au

All information on the program has come through the Daniel Morcombe Foundation

## Parent/Carer information



Australia's Biggest Child Safety Lesson (ABCSL) encourages children to: understand what true and enthusiastic consent is all about; how to tune into their body clues to understand whether they feel safe or unsafe; how to confidently communicate their body boundaries; how to observe the body cues of others and give each other time, respect and space to decide what they really want to do; and how to ask for help from their safety team if they ever feel unsafe or need support.

### Why are we teaching children about enthusiastic consent?

True consent must be freely, wholeheartedly and enthusiastically given, without any boundaries being blurred or crossed. Modelling conversations about consent between peers using relatable scenarios can help children learn how to assert their right to stay comfortable and safe each day. Consent means having a choice about something (like touch, proximity or a shared activity) and respecting each other's responses, even when the answer is 'No'. When teaching children the importance of enthusiastic consent, we are helping them to make their own decisions, to understand and confidently assert their boundaries, to consider the boundaries of others, to ask respectfully for permission and to respond appropriately when someone says 'No' to them. Talking and learning about consent should be ongoing and can be woven into everyday conversations and decision-making. For example: 'Would you like a hug?', 'We could also wave or high five.' 'Can I please sit beside you?', 'It's ok if you need space'.

#### Why are we teaching children the correct names of private body parts?

It is important to teach children the correct names of their body parts from a young age. Children who know the proper names and functions of private body parts are less vulnerable to being targeted by abusers and more likely to tell an adult if they have been harmed.

Explain to your child that if anything happens to a private body part, this should never be a secret. If an adult (e.g. a Doctor) needs to touch a child in order to help them stay safe and healthy, this should also never be a secret. ABCSL 2022 is about correctly naming body parts and we have revisited this in ABCSL 2024 due to the importance of this safety message.

#### Why are personal/body boundaries important?

Child sexual abuse often begins with a perpetrator ignoring a child's personal boundaries and bodily autonomy. Talk to your child about their personal boundaries and teach them to tell a safety helper on their safety team if someone ever tries to cross a boundary. Remind your child that they are the boss of their own body and that they can say '<u>No</u>!' to anything that makes them feel uncomfortable.

#### How does open communication help keep kids safe?

Sometimes children may avoid sharing worries with their parents due to fear of being punished or blamed and abusers will take advantage of this fear. Keep communication with your child open and remind them that they can talk to you or another safety helper about anything. Everyone has the right to feel safe all of the time. Tell your child that if they don't feel safe, they should talk to a safety helper who should respond non-judgmentally with kindness and compassion. If the first safety helper doesn't help them, they should talk to another.

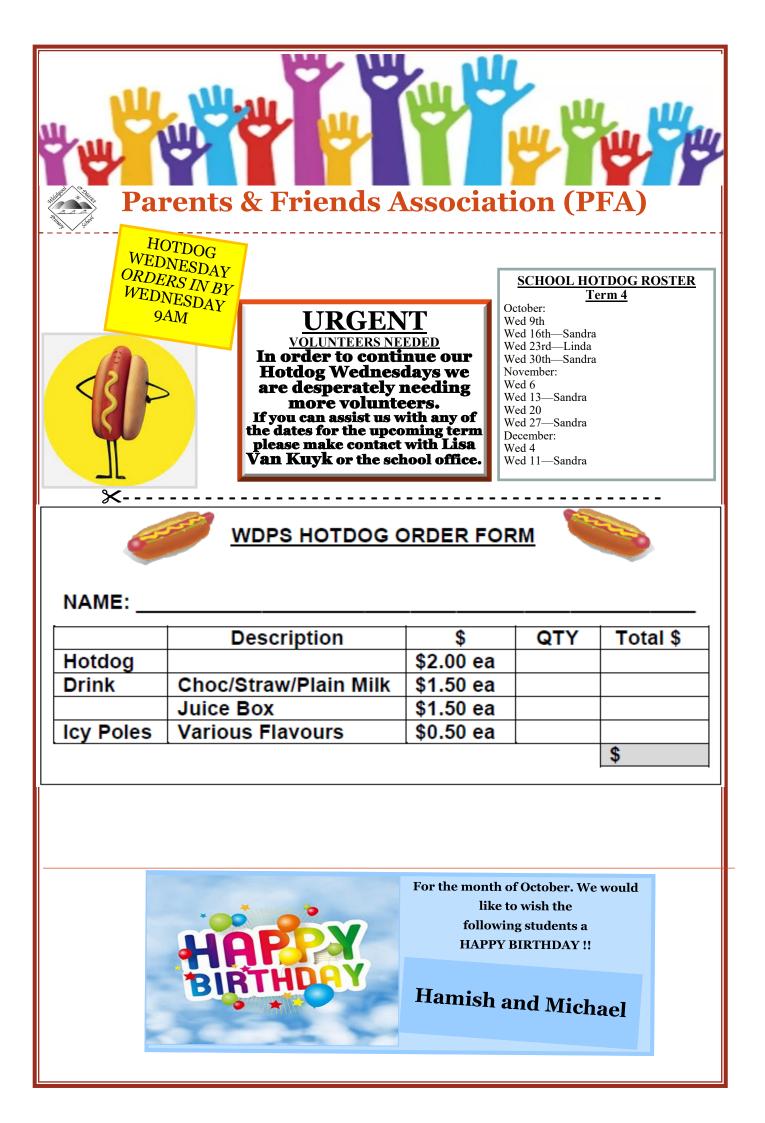
#### What are safety team and safety helpers?

The people on a child's safety team are the five trusted adults that a child has identified who they feel safe to be around. We call each of these five grownups their safety helpers. You can help your child develop their safety network with this <u>My safety leam</u> activity.

You can find out more information at danielmorcombe.com.au/keeping-kids-saferesources/



#### 1300 326 435 DanielMorcombe.com.au





WELSHPOOL & DISTRICT PRIMARY SCHOOL

5960 South Gippsland Highway, Welshpool Vic 3966 Phone: 03 5688 1460

ABN 25 484 307 847

Email: <u>welshpool.ps@education.vic.gov.au</u> Website: <u>http://www.welshpoolps.vic.edu.au</u>

Dear parents and carers,

In Term 4, 2024, families with a child enrolled in a government school from Prep to Year 12 in 2025 will receive the one-off \$400 School Saving Bonus.

The \$400 School Saving Bonus provides families with support for education-related costs, such as school activities and/or school uniforms and textbooks.

The School Saving Bonus is not available for full-fee international students, home schooled students, TAFE students and students attending kindergarten in 2025.

Actions for parents and carers

Before 18 October 2024, the Department of Education is asking parents and carers to:

- **Complete enrolment:** If your child, or children are changing government school for Term 1 2025, or starting Prep or Year 7 in 2025. For more information, read about <u>Enrolling in School</u>.
- Check your contact information: Ensure your email address and phone number is up to date with us. You can check this information by contacting us directly.

We need to ensure your contact information is up to date as the Department of Education will email you twice:

- in October, to verify your email address
- in November, with your \$400 School Saving Bonus.

Please check your junk mail regularly to make sure you do not miss an important email.

To learn more about the School Saving Bonus, refer to the attached School Saving Bonus Information sheet for government school parents and carers or visit <u>vic.gov.au/school-saving-bonus</u>.





Department of Education

## **School Saving Bonus**

Information for government school parents and carers

#### About the School Saving Bonus

The Victorian Government is making life that little bit easier for families by providing a one-off \$400 School Saving Bonus.

This support will help cover the cost of school uniforms, textbooks, and school activities like camps, excursions and sports.

The School Saving Bonus is in addition to existing and continuing means-tested supports for Camps, Sports and Excursions Fund (CSEF) and the Affordable School Uniforms Program.

The School Saving Bonus will be provided to schools and families in Term 4, 2024.

#### Who receives the School Saving Bonus

The School Saving Bonus is available for parents and carers of all Victorian government school students from Prep to Year 12 in 2025, except for full-fee international students, home schooled students, TAFE students and students attending kindergarten in 2025.

#### Actions for parents and carers

Parents and carers of children who meet the School Saving Bonus eligibility above are required to do the following by Friday 18 October 2024:

Complete enrolment

If your child, or children are changing government school for Term 1 2025, or starting Prep or Year 7 in 2025, please complete enrolment. For more information, read about <u>Enrolling in</u> <u>School</u>.

Check your contact information

Ensure your contact information is up to date with your school. You can check this information by contacting your school directly.

#### Accessing the \$400 School Saving Bonus

You do not need to apply for the School Saving Bonus.

The Department of Education will email you in November 2024 with your \$400 School Saving Bonus. You will be able to access it via an online system.

You can decide how to best use the School Saving Bonus for your family's needs. You can choose how to allocate the \$400 in the online system.

The bonus can be used towards 2025 school costs, which may include:





- camps, trips, excursions and incursions
- swimming and sporting programs
- outdoor education programs
- graduations
- school uniforms
- textbooks.

The bonus can be used at your school's approved textbook or uniform suppliers either in-store or online, or through State Schools' Relief. The list of suppliers may include a school uniform or bookshop. Any amount that you choose to allocate to textbooks and uniforms will be valid until 30 June 2025. It will then transfer to your child's school account for future activities.

Funds will roll over for use in future years if it is not all spent in 2025.

#### Families with more than one eligible child

Families who have more than one child at the same school can combine their School Saving Bonus payments to use on one child, or for a specific activity. So, for example, a family with 3 children who are all government school students would receive support to the value of \$1,200 and choose how they spend those funds. The School Saving Bonus cannot be combined across different schools.

#### More information

To learn more about the School Saving Bonus visit <u>vic.gov.au/school-saving-bonus</u>. Translated information will also be available on the School Saving Bonus website in the next few weeks.

© State of Victoria (Department of Education) 2024. Except where otherwise noted, material in this document is provided under a Creative Commons Attribution 4.0 Internationa Please check the full copyright notice



Communication skills are the building blocks for success. Engage in conversations with your child and encourage them to express themselves verbally. Reading aloud together and singing songs are fun ways to boost speech development!

# SCHOOL HEALTH PLANS

DO YOU HAVE YOUR CHLD'S HEALTH PLANS READY FOR SCHOOL? Allergies & eczema plans available at: www.allergyorgau Asthma plans are available at www.asthma.org.au Plaase discuss your plans with your Family Doctor and once completed give a copy to your school.

Mark Seloo, Mage Der All.S:
 Judy Bright
 M 04:383.2512
 Judit, bright Geducation. vic. gov. au

assessments are typically free with a Medicare card at

recommended for all children commencing school to

have an eye check at the optometrist. These

giving their eyes the rest they need to thrive. It is

any optometrist. To find your nearest optometrist and

oook an appointment, visit www.optometry.org.au.

# SWEET DREAMS: THE POWER OF SLEEP:

Did you know that adequate sleep is essential for your child' growth and development? Here are some tips to help your child drift into restful slumber: maintain a consistent bedtime routine, create a calm and cozy sleep environment, limit screen time before bed, and ensure they get plenty of physical activity during the day. By following these simple steps, you'll help your child develop a healthy sleep pattern that will benefit them for years to come. Sweet dreams!



# 4 EMBRACING EMOTIONS: EMOTIONAL REGULATION

Help your child understand and manage their feelings in a positive way. Encourage your child to express feelings through words or creative activities like drawing. Teach deep breathing exercises and model healthy emotional responses. Create a safe space for open conversations about their day. With patience and understanding, we can help our children grow into resilient, confident individuals.



success and exploration of the world around them. As

breaks from screen time and facilitating outdoor play,

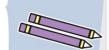
parents, we can support their vision by encouraging

National Continence Helpline 1800 33 00 66 LCHS continence nurse: 1800 242 696 SafeSteps Family Violence support: 1800 015 188 or <u>mww.asilutzy.org.nu</u> Food Security: <u>www.asilutzy.org.nu</u> Food Security: <u>www.asilutzy.org.nu</u> Food Security: <u>www.asilutzy.org.nu</u> Food Security: <u>mww.asilutzy.org.nu</u> Food Security: <u>www.asilutzy.org.nu</u> Food Security: <u>mww.asilutzy.org.nu</u>

5 SAY CHEESE! ORAL

Healthy teeth and gums are essential for overall well-being. Make brushing and flossing a fun and interactive experience. Limit sugary snacks and beverages, and don't forget to schedule regular dental check-ups to keep those smiles sparkling bright! Latrobe Community Health Service Dental Clinics are located in Morwell, Moe, Churchill & Warragul & provide dental services for all children ages 0-17 years. Eligible children can access free dental treatment up to the value of \$1,013 over two years at Latrobe Community Health Service community dental clinics. Families receiving Family Tax Benefit Part A, Disability Support Pension or other relevant Australian Government payments are eligible. The Federal Government will cover the cost. For children aged 12 years and below, dental treatment is free.

Anglicare/Parentzone parenting courses Darantzone Gippsland/Danolicareur organ Parentzone Gippsland/Danolicareur organ Poisons information - 13 th 26 Parentline - 1300 30 1300 Parentline - 1300 30 1300 Parentline - 1300 30 1300 Parentline - 1300 242 695 Mith/Parentes dhis wic gova wigetting-half





Information about the Primary School Nursing Program, including how to access and complete the School Entrant Health Questionnaire, will be sent home soon.

## Primary School Nursing Program School Entrant Health Questionnaire

## The Primary School Nursing Program is a free health and wellbeing service offered to all Victorian students in their first year of school.

The program aims to assist in the early identification of children with potential health, wellbeing or development concerns which may impact on their education and offers screening which may include:



Hearing













The Primary School Nurse also provides advice, information and referrals to other health and support services.

Information about the Primary School Nursing Program, including how to access and complete the School Entrant Health Questionnaire, will be sent home soon.





Agnes River shorts Celebrate success through short films Submit your own short (max 3 min) film on why you love your local Agnes River catchment.



We acknowledge and pay our respects to the Traditional Owners of this Country, the Gunaikurnai, and to their rich culture and spiritual connection to Country.

WELSHPOOL & DISTRICT ADVISORY GROUP PRESENTS





#### For children's service providers and families

#### The Get Active Kids Voucher Program is now open!

The Get Active Kids Voucher Program is now open! Get in quick as applications will remain open until the allocation is exhausted.

If your family or child has a Health Care Card or Pensioner Concession Card, you may be eligible for up to \$200 to put towards the cost of your child's participation in sport and active recreation activities.

Important Dates:

**Round 8 open to apply for a voucher or reimbursement:** 10:00 am Wednesday, 9 October 2024 and will remain open until the allocation is exhausted.

Reimbursement expenditure dates: from 1 July 2024 until submission of application

Vouchers expiry date: Tuesday, 29 April 2025.

The *Get Active Kids Voucher Program* helps eligible families get their kids involved in organised sport and active recreation activities by providing financial support for the cost of membership and registration fees. Eligible children may be able to receive up to \$200 each.

Special consideration also applies for children residing in care services, as well as temporary or provisional visa holders, undocumented migrants, or international students.

To find out if you are eligible, how to apply, what costs are covered and more, visit <u>www.getactive.vic.gov.au/vouchers</u>

# Get \$200 to help your child play sport!



### The Get Active Kids Voucher Program is now open!

Get in quick as applications only remain open until the allocation is exhausted.

If your family or child has a Health Care Card or Pensioner Concession Card, you may be eligible for up to \$200 to put towards the cost of your child's participation in sport and active recreation activities.

Important Dates:

- Applications open from 9 October 2024 until the allocation is exhausted.
- Reimbursement expenditure dates: from 1 July 2024 until submission of application
- Vouchers expiry date: Tuesday, 29 April 2025.

The Get Active Kids Voucher Program helps eligible families get their kids involved in organised sport and active recreation activities by providing financial support for the cost of membership and registration fees.

Special consideration also applies for children residing in care services, as well as temporary or provisional visa holders, undocumented migrants, or international students. www.getactive.vic.gov.au/vouchers

